



# The Plans HE Has For You Ministries

## Mission Trip 2023 update



Barbara Sims

### *HIS plans: Loaves & Fishes*

I don't think I'll ever stop being amazed at how the Lord works, how HE opens doors, how HE provides, and how HE always makes things happen - things which are impossible for man. Seven years ago, if you told me we would build kitchens and provide food for over 750 students, I would have said, I'm not sure that is where the Lord is leading. My mind could not perceive how big the Lord's plans were for HIS people. This year the Lord brought this verse to me: Therefore, as we have opportunity, let us do good to all, especially to those who are of the household of faith - Galatians 6:10. In America we have opportunities and choices everywhere we turn, in the rural villages of Kenya it is not so. The household of Faith is not just in our churches, it is in the Body who call CHRIST, Lord and Savior. What Kenya lacks in opportunity they have in Faith in God to provide. It is a faith that holds tightly to the hem of His robe for provision. His provision takes loaves and fishes and feeds children hot food to fill their bellies. This is the Porridge Kitchen at Munyu-ini Primary School. This spring when Mace and I visited Munyu-ini, the new Head Teacher Moses Macharia told me about how he was sharing his lunch everyday with the children who had nothing to bring. He asked us if we could provide porridge to feed these children. Fifty dollars in 2023 America will not buy lunch for a family of 4 anymore, but Insert GOD, and \$50 in Kenya provides for kitchen staff, firewood, and porridge for 420 students. God takes what we give here, and multiplies it for HIS people, the household of faith, in Kenya. These children are rich in the WORD of the Lord. They can visibly see where the Lord shows up and answers prayers. In America we might call this luck, karma or coincidence, but in Kenya they KNOW it is the LORD who provided because it could not have happened any other way. Thank you to everyone who has given to make the Munyu-ini Porridge Program a true Loaves & Fishes story. What \$50 can't do in America, God does in Kenya. The need is huge in Kenya right now. The inflation rate is almost 50%. GOD willing we are looking at two more Porridge Kitchens at Kagio and Kirangi Primary Schools. This porridge makes sure children have something in their stomachs so they can focus on learning. An education opens doors for them and changes the trajectory of their future.



If you budget like we do, would you consider taking \$50 out of your Eat Out fund and giving it towards porridge for 420 students. IF 16 families gave \$50 monthly towards each new kitchen at Kagio and Kirangi these two kitchens would be funded with food before the construction cement even dries. We are looking at corporate sponsors as well. If your company does matching funds, or has charity program please let us know. Every dime in Kenya makes a difference. Thank you so much for your support. I can't wait to see what God has in store for these schools.

Lauren Tennison

### *Bread of Life*

Sharing Christ's word and teachings with Children is an honor and blessing. We've been blessed to teach thousands of kiddos all about Christ's sacrifice, triumph, and HIS Plan for our lives as Christians. This year we wanted to let the Children know who Jesus is through the words HE used. We shared Christ's 7 I AM statements with the students and explained that through HIS 7 statements HE shows us who HE IS, and what HE IS to us, HIS sheep. The students were taught about Christ as the Bread of Life, The Light of the World, The Gate, The Good Shepherd, The Way the Truth and the Life, The Resurrection, and The Vine. Jesus is EVERYTHING and ALL we need, showing the world Christ's LOVE by being HIS hands and feet serving others is a labor of absolute joy. Thanks to Our Heavenly Father and HIS amazing people, we are serving more children and families in need EVERY YEAR, that growth takes people who are willing to SAY YES to God's plan in Kenya and join us for Summer Mission Trip.



Jesus said unto them, I am the Bread of Life, He who comes to be will never go hungry and he who believes in me will never thirst. John 6:35 We know Jesus is talking about Himself, the Word, as our food. God alone holds all things together and provides according to His riches in Glory. You can tell someone about Jesus, but until they experience HIM, His provision, and meeting them where they are, they may not understand WHO He is.

To go along with our Bread of Life theme this year we want to give a HUGE Shout out to Spring Kids @ Spring Baptist Church for raising all the funds needed to give each child at Nduchi, Munyu-ini, Kagio, and Kirangi Primary Schools a bag of maize flour to make their favorite comfort dish for dinner, Ugali. The maize flour is boiled in water until it reaches a firm dough-like consistency. This meal is filling and gives them the feeling of comfort and joy. The children at each school also received large posters made by Spring Kids.



Home Visit food and blessing bags



VBS at Nduchi Primary School



Home visits

# Home Visit bags and Filling Backpacks



On this trip we had the opportunity to go on over 55 home visits and provide approximately two weeks of food for a family. The biggest need we saw for families with school-age children was school fees. In Kenya school isn't free. Parents must pay to enroll their kids. Each term fees cost whatever the school Heads decide. Usually, it's about \$20 each term per child. This doesn't sound bad at all, but when you make less than \$1 per day and have several kids to feed, house, and clothe there is no extra money. Compound this with the recent drought and parents (who had no tea to pick) are now way behind on school fees. When the parents get some money they send a small amount to school, and the kid gets to attend. Then when the accounts are checked again, and the kid is still behind on fees, the child gets sent home for the money. We saw so many kids out of school needing fees to be paid. We were able to bless many homes with the needed fees, and for some our fabulous Elizabeth was able to go to the schools and even pay the back balance so these kids can stay in school. Education is the only way for these children to get ahead. In developing countries there is not a McDonald's on every corner for teens to get jobs. Parents are lucky if they can find jobs. The roads are dirt, only drivers' own vehicles, and 99% of the population in this area walk everywhere. Food at the local "duka" shop is sold in 10/20 KSH bags so people can make enough money that day to buy their daily bread/meal. This family pictured above had never been to school. We were able to bless them with everything needed and the school fees to get enrolled at Kagio Primary School. I can't wait to stop in and see them on the February business trip.

Pictured below is Haven on the Hill aka "Home" when we are in Kenya. For the last 9 years there has been growth here at Haven. Right now, on the far left you can see the new missionary housing 3<sup>rd</sup> level going in. Roof is complete so now it's time to finish out the inside. Current needs are:

- Bunkbeds \$100
- Mattresses \$30
- Tables \$250
- Chairs \$50

These items will be for all the visiting mission teams to use while they are out in the community ministering to the people. If you would like to support them visit: [TSM - Donations \(throughthestorm.org\)](https://www.throughthestorm.org)



Filling Backpacks takes a lot of work and a lot of helpers. This trip we were blessed by the High School boys at Haven being home on a short break to help us. We filled over 1200 backpacks with school supplies and approximately 800 of those bags with shoes & uniforms for children at the Munyu-ini and Kagio Primary Schools. Each year God makes this happen. He always makes a way and provides the help and hands needed so the children are blessed. Seeing these children open their backpacks and pull out their new shoes is better than any Disney vacation smile, because it is a smile of having the simple need met. If you have ever been without you may know what this is like. I can say I have never been without, and I don't know quite what it would be like. I grew up poor, but my parents and grandparents, who lived next door, grew a garden so we would always have food. My dad worked so we could have shoes, etc. My mom sewed most of my clothes and bought dollar fabric at Wal-Mart to make them, but never have I gone without. If you have been blessed as I have, would you consider giving toward the cost of a full backpack with shoes and uniform for \$50 a child?



The Team arriving at Haven on the Hill. Each year the Lord opens more doors to bless His people. This next year we are looking to add more members to our team. We will be having our first interest meeting for Kenya 2024 on September the 9<sup>th</sup> at 11:30am. Join us for lunch, info, and learn how to become part of Mission Trip 2024.

We'd love you to consider donating to the Plans He Has For You on a regular monthly basis this year. Quick to setup, and easy to adjust, simply visit our website at [www.PlansHEHasForYou.org](http://www.PlansHEHasForYou.org) starting in increments as low as \$5 a month, you can seamlessly incorporate Plans into your giving budget, while providing consistent support to what God is doing in Kenya.

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."

Jeremiah 29:11 NIV

**Current Needs:**

**-Team members to join us next year on our Mission Trip in 2024**

**-Monthly donors to the Nduchi School Feeding Program. Food is up over 50%. \$100 per day provides 350 lunches. Any monthly amount makes a huge difference.**

**-Water collection system for Munyu-ini Porridge Program kitchen (approx. \$500)**

**- Home visits \$50 each. This next year we would like to be able to bless 50 homes.**

**- Funding for Porridge Kitchens at Kagio and Kirangi Primary Schools. Approx \$5K each will finish and equip a kitchen.**

**- \$800 a month will fully fund a new porridge kitchen at Kagio or Kirangi**

**Thank you for prayerfully considering each of these needs,**

Barbara Sims, Robert Sims, Lauren Tennison, Mace Tennison, Kathy Frick, Julia (Tappy) Sims and Cindy McCarther- Plans HE Has Board